



WingTsun-CoreConcepts Video Library

www.wingtsuncoreconcepts.com

<http://videos.wingtsuncoreconcepts.com>

by Ralph Hänel,

learning and teaching Wing Tsun Kung Fu since 1984.

Sign-up

Videos

Introduction

A - From private lessons to training notes to publishing books

B - From 8mm to video cassettes to digital video

C - From Judo to Jiu-Jitsu to Wing Tsun

A - From private lessons to training notes to publishing books

How it all started.

I first gave private lessons in 1980, at that time still in Japanese Jiu-Jitsu and Karate.

In the 80's, I wrote training notes for students on an old typewriter. Followed in the early 90's by printed newsletters and training instructions, all typed on an electronic typewriter with a 2-line display. First training writs followed in '92 on a computer, now including photos and graphics.

Since 1984 I was solely learning, training and teaching Wing Tsun Kung Fu.

My first book "The Reality of Self-Defense! What martial arts schools won't tell you." comes with a bit of publishing history.

It was created during times of massive change. Changes in the sector of the publishing industry. But also, the rise of the Internet and the sudden boom of social media.

Around 1995, Altavista was established and became one of the most-used early Internet search engines.

Angelfire was founded in 1996 as one of the first Web site building services. Of course, I had my first web site then.

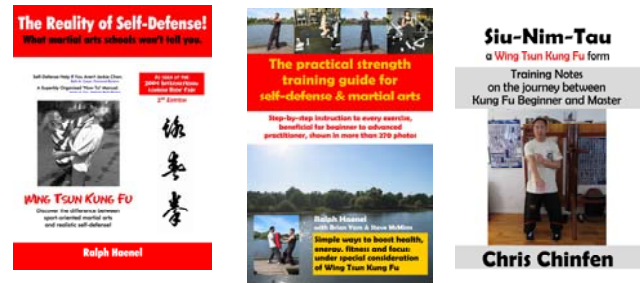
First articles I wrote as early as 1993. After having published my first self-defense magazine in 1995, I started writing this book in 1996. I wanted to publish it in 1999, 2000. I even flew to London and New York, had appointments with different publishing houses. It took until 2001, when a publishing solution arrived in Victoria, Vancouver Island, BC. Back then featuring the beginnings of ground-breaking technology, which enabled the company to print one book at a time. On demand publishing was born. The first affordable option for self-publishers.

I held my first printed book. That was in 2002.



Many started using Google between 2002 and 2005.
 The beginnings of Facebook happened in 2004.
 YouTube was founded in 2005.
 Twitter started in 2006.
 Instagram came as late as the end of 2010.

Now this 1996 book is available with a few minor updates in 2017 via www.wordertheselfdefensebook.com



Other titles like "The Practical Strength Training Guide for Self-Defense & Martial Arts" and "Siu-Nim-Tau, a Wing Tsun Kung Fu form" can be bought via www.lulu.com/ralphhaeneel

B - From 8mm to video cassettes to digital video

In 1986, I purchased all the 8mm equipment you could get in East Germany, to film lessons with my second WingTsun instructor. He didn't allow it at the time so I filmed my own training with my own students. According to insider tips from a former Stasi agent, there is hope I may eventually find these 8mm reels in the file archives of the former East German Secret Service.

In the early 90's a few of my Wing Tsun demos and seminars in Germany and Denmark were video taped. Much more material was recorded in the late 90's and 2000's on video tapes and eventually on DVD. During the past decade, many hundreds of Gigabytes amassed on DVDs and now digital video, savings group and private classes, beach classes, other events, demos, special topic seminars and instructor workshops.

Having started producing training review videos for our advanced team, posting teaser training videos on Instagram, it all lead to the start of the WingTsun-CoreConcepts Video Library.

C- From Judo to Jiu-Jitsu to Wing Tsun

Looking back at 40 years of martial arts training; I started my studies 1977 in Judo, Japanese Jiu-Jitsu and Karate. In 2014, I celebrated the 30th anniversary of learning and teaching Wing Tsun Kung Fu.

For 25 years now, my life is committed to teaching Wing Tsun full time. Benefit from my experience of having learned in the worldwide largest professional Kung Fu organization. For 16 years, I have been educated by expert WingTsun masters whose previous careers spanned from professional boxing to full contact champions to military combat instructors.

More than 10 years were invested into the development of my teaching and learning methodology named "WingTsun-CoreConcepts," which generated a series of special topic seminars. Draw new motivation out of this blueprint for successful training, learning and teaching. Supercharge your results.

The WingTsun-CoreConcepts Video Library

The blueprint for learning, training and teaching Wing Tsun Kung Fu.

Knockout Self-Defense Skills

Beyond tradition and technique - training concepts for Wing Tsun (Wing Chun, Ving Tsun) students and instructors!

Benefits; step by step training to generate:

- improvement of whole-body movement,
- non-stop coordination of hand and footwork,
- fluid seamless motion and an increased awareness of using all muscle groups in sequence from fingertips to toes,
- better judgement of distance, timing and balance while learning to use all seven 'engines'
- transformation of physical strength into usable functional strength, working ligaments, tendons, muscle-chains, fascia tissue

During my four decades of martial arts training, I have had the privilege of experiencing a variety of teaching, learning and training methods. The approach was wide-ranging in the respective Japanese, German or Chinese martial arts training.

In combination with your personal training, or the WingTsun-CoreConcepts book, videos in the WingTsun-CoreConcepts Video Library will include the Chi-Sau improvement series.

- Review the finer points of Chi-Sau structure training
- Don't miss any detail of the invaluable Chi-Sau functional strength & mobility training
- Be able to analyze all features of the Wing Tsun weapons chamber training
- Learn the important components of our Chi-Sau EMF training (elastic movement force, flow drills)
- Study the pushing & pulling program (convex and concave motion)

All videos will be available on the professional VIMEO platform, ready to stream on iOS, Android, Apple TV, Roku, and Chromecast.

Stream anytime. Watch on TV, mobile, and tablet.

Your Sign-Up & Benefits

1. Take advantage of the low one-time video library membership rate (life-time membership). Be the first to get your step-by-step Wing Tsun training videos.
2. Receive a full 25% discount on every single premium video, published in the WingTsun-CoreConcepts Video Library. The videos will be advertised on social media, but only members get the 25% discount.
3. Gain access to free members-only videos, which will not be available to the public.
4. Over time, all videos will be accompanied with brief downloadable PDF file, outlining important pointers.
5. Your membership enables you to obtain at no additional cost any videos that have been re-taken.
* *
6. Plus, we will post bonus Q&A videos. For members only! Questions after watching a video? Email your questions. You will receive private links to brief explanatory videos.

* * Year after year, we improve our teaching, learning and training methods; sometimes minor details, often a more complete all-over approach. As well as a better communication of the methods, concepts, strategies and tactics. New training programs emerge.

After all, what we do in our spare time should not just be paramount to our continuous progress, but also enjoyable, fun! Yes, it is OK, to have fun in your martial arts training.

BAM! Whenever a video is redone, to reflect our progress; you will receive this video as free upgrade.

Videos hosted at <http://videos.wingtsuncoreconcepts.com>

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#hänelwingtsun

Changing lives, one punch at a time.

#wingtsun #kungfu #motivation

#daswingtsun

